## Garden CLIPPINGS

#### March 2022

**Avon-on-the Lake Garden Club** 

Plant America...share our vision

1930-2022

#### **2021-2022 OFFICERS**

Avon-on-the Lake Garden Club

President Elaine George
Vice President Sue Newcomb
Treasurer Jane Kozey
Rec. Secy Anne Lyon

Cor. Secy Georganne Wolnowski

#### **Appointed Officers**

Advisor Jennifer Fenderbosch

Auditor Barb Nahm
Holden Forests & Gardens Marianne Stern
Historian Nadge Herceg
GCO & NGC Karen Huddle
Parliamentarian Diane Deasy
Membership Jennie Jones
Publicity Monica Kimmell
Ways & Means Anita Webb

#### **Appointed Temporary Officers**

Community Council Jennifer Fenderbosch

#### **Standing Committee Chairpersons**

Awards Pam Hoffmann

Benevolence Georganne Wolnowski

Horticulture Anne Lyon

Hostess Colleen Wilber/Char Pulit

Inspirational Messenger

Newsletter Nadge Herceg

Telephone Board

Telephone Calling List Elaine George
Garden Therapy Bonnie Armstrong

Website Sue Jagoda

#### **Civic Interest Gardens**

Gazebo Pam Hoffman/Georganne Wolnowski

Herb Garden Coleen Wilbur

Wildflower Anita Webb/Jennie Jones
Library Butterfly Lillian McPherson/Bev Stives
Fence Garden Jane Kozey/ Diana Wyrock
Beach Park Point Barbara Nahm/Marianne Stern
Walker Rd. Butterfly Marianne Stern/Bev Stives
Old Firehouse/OZONE Jennifer Fenderbosch

Plant America...share our vision

## **President's Message**

#### Elaine George

Thank goodness spring is right around the corner! Hope you all have had a nice winter's rest because we are going to hit the ground running the minute things start to thaw out!

First up is the GCO Convention in Columbus in April. I am hopeful that several members will be attending with me and bring back lots of great information to the rest of the club.

I am happy to report that the Plant Sale is back and will be held on **Saturday, May 7** in the parking lot in front of **Goddard School** from 10am – Noon. We will need everyone's participation to make this a success. This year, the Environmental Affair & Advisory Board will be joining us and will be giving away native plants. Their project seemed like a great compliment to our mission and we are happy to help. A group of us have already met with them to discuss the best possible plants for our area. I think both groups will benefit greatly from this partnership – all part of sharing our vision!

Speaking of sharing our vision – we have been asked by Towne Center in Avon Lake to help them install a Butterfly Garden in their courtyard. A committee has already met with Anne Naumann at the Center and plans are in motion. Stay tuned for updates!

Last but certainly not least (drum roll please) the long awaited, much anticipated and *long* overdue **Flower Show** will be held on **June 8 & 9** at the Lake and Folger Houses. Jo'C Walker and her teams have been hard at work making plans and getting us all ready for the show. Her flower design classes are back again by popular demand in the hopes of getting us inexperienced or just plain rusty designers in shape! This will be a first time show for many of us in the club but I know we are all up to the challenge! Let the fun begin

#### **Tree Commission**

Marianne Stern

"The one who plants trees, knowing that he will never sit in their shade, has at least started to understand the meaning of life." Rabiindranath

The Tree Committee has chosen a Bur Oak tree to plant in Miller Road Park next fall to support the People for Trees project. The committee met several times to evaluate what tree would have a long-life span, be suitable to plant by in a lakefront park, relatively disease resistant, and have a benefit for pollinators and birds. The Bur Oak can exceed 100 feet in height and will grow well in our soil along the lake. It is an oak that is found throughout Ohio and in the Midwestern and Great Plains states. Its fall color is usually chartreuse to yellow brown and the acorns are the largest of all native oaks. The tree will be tagged in the spring by the city and planted in the fall. The committee members were Diane Deasy, Pam Hoffman, Marianne Stern, and Jennifer Fenderbosch.

What a great addition to one of our civic parks! This continues the legacy of the Avon-on-the-Lake-Garden Club's 90-year history of serving the city of Avon Lake.



#### Sue Jagoda

#### **Peanut Butter Oatmeal Cookies**

### **Ingredients**

- ½ cup unsalted butter softened
- ½ cup packed brown sugar
- ⅓ cup white sugar
- ½ cup peanut butter
- 1 large egg
- 1 tsp vanilla extract
- ¾ cup all-purpose flour
- ¾ tsp baking soda
- ¼ tsp salt
- ¾ cup quick oats
- ½ cup old-fashioned oats

#### Instructions

- 1. In a large bowl beat together the butter, sugars, and peanut butter until fluffy.
- Mix in the egg and vanilla.
- 3. With the mixer on low speed, carefully beat in the flour, baking soda and salt. Then mix in the oats.
- 4. **If baking the cookies immediately:** Preheat the oven to 350F degrees. Form the dough into balls about 1 1.5 tablespoons in size.
- 5. Place 2 inches apart on a lined cookie sheet. Do not flatten. Then bake for 8-10 minutes or until the tops are just set.
- If chilling the dough for thicker cookies: Cover the bowl with plastic wrap and place in the fridge for 2 hours or overnight.
- 7. When ready to bake, preheat the oven to 350F degrees. Remove the dough from the fridge and let warm up for 5-10 minutes.
- 8. Form the dough into balls about 1 1.5 tablespoons in size and place 2 inches apart on a lined cookie sheet.
- 9. Bake for 8-10 minutes or until the tops are just set.

#### Sort of Waldorf Salad

Jennifer Fenderbosch

#### Salad:

½ cup walnuts

½ cup cabbage (red is my favorite), cut with knife into slices then cut into pieces (do not shred) 6 celery stalks

2 apples with skin on but cored and chopped into chunks; core and chop just before adding to bowl.

½ medium red onion, thinly sliced

½ cup plain yogurt

1 cup finely chopped fresh dill leaves

¼ cup dried cherries or cranberries

Zest from one lemon

#### Sauce:

1/4 onion

1 inch slice of lemon without seeds

1 tablespoon Dijon mustard

1 tablespoon maple syrup

1 tablespoon cider vinegar

1/3 cup mayonnaise

2/3 cup olive oil

Salt and Pepper to taste.

#### Preheat oven to 325F

Place parchment paper on cookie sheet. Place walnuts on top of parchment paper and roast in oven until color begins to change. Do not burn. Cool nuts before using in recipe.

Place sauce ingredients into bullet and process until all are combined. Set aside.

Place all ingredients for salad in large bowl. Add sauce from bullet. Use two forks toss ingredients to completely coat all ingredients in salad. If completely covered, the apples will not turn color.

Serve now or cover and refrigerate.

## Go Write Win!

Pam Hoffmann

Our flower show is a go for this year, which means it's also our year for major award writing.

A committee of five people will be looking through the entire list of awards and identifying the perfect award for you to write to recognize your work. We will contact you individually and encourage you to work in teams. Your chairperson may have all the details of your accomplishment, but there may be a better writer in your

group. You will be given an article written by a state awards chairman that explains the process and requirements. Our awards committee will help you with the final product.

Only three pages plus photos are required. It's nothing like the multi-page flower show Book of Evidence that Jo'C and Nadge will be submitting (bless their efforts). We can do this! With cooperation from all, we hope to be named garden club of the year for the state of Ohio. We have a good record of winning. Let's rally to the cause and win!!!

## It's Flower Show Time!

Jo'C Walker

We're getting in the swing with the flower show. Take notice that the first week of March is the last week to purchase perennials inside and outdoor growing for the show. Look in your Flower Show Schedule on page 14 to read about the possession time frame of plant material to be exhibited in the show. It's too late to purchase trees and shrubs but not too late to purchase plants for Combination Plantings. They only have to be growing together for six weeks. We need specimen bottles for the show. They have to be clear glass, not tinted, and have a small opening; sizes from 5" to 8". Please bring them to our club meetings. Since the committee assignments were sent via email to all members, there have been more sign ups. We still need more help in Set up/ Staging and Hospitality/Hostesses. Let Jo'C know if you would like to volunteer for either or both committees since they will have different hours of operating. In April, our club's program is dedicated to our flower show. So, you'll have a chance to ask any questions about the show.

If you haven't signed up for the Design or Botanical Arts Divisions, the sheets will be available at the April meeting or you might want to give Nadge Herceg a call to sign up for Design and Lynn Medders for Botanical Arts. Photography is in the Botanical Arts Division so look through your photos and it's not too late to take some great shots. We only have 16 places to fill so if you're interesting make sure to sign up. See you at the April club meeting.

## **Orchid Tips**

Jennifer Fenderbosch

Touring the Orchid Show at the Botanical Garden when the vendors were there had its advantages. I learned the following tips:

- Don't use Hydrogen Peroxide on Orchid roots, stalks or leaves. It strips harms healthy velamen that covers the roots preventing nutrients from being absorbed.
- After weekly watering, spray original brand gold Listerine over orchid leaves, roots, base of stalks. Do not let it puddle on plant. It is a great antimicrobial against bacteria and fungus.
- Know your orchid's needs.... Dry conditions.... Humid conditions... low light, filtered light, strong light.
- If your orchid needs a high moisture level to thrive, then only use Sphagnum Moss from New Zealand. Even the vendors who did not sell it said that New Zealand Sphagnum Moss is the best. I purchased flat sheets, soaked them in warm water, then ran my fingers through to separate the pieces and repotted some high humidity loving orchids. It works as stated. In just a week's time, I saw a difference in the health of orchids. Do not use with Phalaenopsis orchids.
- Clean orchid plant leaves with a cut slice of lemon.

#### Save the dates

March 21 Board Meeting 9:30am Old Firehouse

April 7 General Meeting 11:30am
May 7 Plant Sale Goddard School
May 26 Schedel Gardens in Elmore, Ohio
field trip - signup at April meeting
June 2 Induction Ceremony at Parker's
Sign up at March or April meeting - Cost:

Sign up at March or April meeting - Cost: \$26.62

**June 8-9** Flower Show at Folger Home and Lake House

## **Compost Happens**

Laura Grace Welding

Nature teaches nothing is lost. It's transmuted.

Spread between rows of beans, last year's rusty leaves tamp down weeds.

Coffee grounds and banana peels foster rose blooms.

Bread crumbs scattered for birds become song.

Leftovers offered to chickens come back as eggs, yolks sunrise orange.

Broccoli stems and bruised apples fed to cows return as milk steaming in the pail, as patties steaming in the pasture.

Surely our shame and sorrow also return, composted by years into something generative as wisdom.

Submitted by Nadge Herceg

## **Member Spotlight**



Performing in the Avon Lake High School's Mighty Goliath Production of *Children of Eden* was **Sue Jagoda**. She also received a MGP Service Award for ten years of dedicated service.

## **National Garden Club**



Visit <a href="https://www.gardenclub.org/video-cafe">https://www.gardenclub.org/video-cafe</a> for gardening resources.

#### **Book Review**

#### **Marianne Stern**

#### The Eight Master Lessons of Nature

What Nature Teaches Us About Living Well in the World

by Gary Ferguson (2019, 245 pages)

Ferguson has not only written a book about the appreciation of our natural environment but the connections of people with nature and with each other. The book is divided into eight chapters (lessons) that focus on our relationships and connections with nature. He frequently emphasizes the powers of physical, mental, and spiritual wellness that come from reclaiming our relationship with Mother Nature. Not only does he share some stories from ancient civilizations but he shares data and research to support his claims. He frequently uses the word connections when describing how animals and plants support each other. In one example he describes the relationship that trees in the forest have with each other. They communicate with each other through fungal networks in the soil. Older trees may scale back their own root structure to give saplings more room to grow. If the elder tree is sick or dying, it will send extra doses of its own carbon to these young saplings. These younger saplings have a better chance of survival under the canopy of these grandfather trees. He shares stories about how animals balance the energy and strength of their youth with the experience of learning from their elders. He shares examples of this type of hierarchy in animals and the critical importance of interdependence in nature.

The chapters are organized into eight lessons. For all you pet lovers, Lesson 5 is titled our *Animal Cousins Make Us Happier-and Smarter*. You will recognize the emotions that you have witnessed in your pets that may have seemed more human like. There are so many quotes that are notable from this book. You may want to read with a highlighter! It is a hopeful book about our natural world and how making those connections will enable us to see how connected we are with nature and with each other.

This was one of the HF&G's Botanical Book Club selections for February 2022.

# Miller Road Park Gardens CEI Neighbor News

Nadae Hercea

Beautifying lakefront Miller Road Park are our Gazebo and Wildflower gardens. To the east of Miller Road Park is the former Cleveland Electric Illuminating Company power plant which will close by April 2022. The plant will be demolished and the land redeveloped by Charah Solutions.

Avon Lake Mayor, Greg Zilka stated that the future of the site is unspecified but with forty acres of lakefront property there is a lot of potential. The fate of the original historic building, constructed in 1925 and 1926, and the smoke stacks are

still in question. Contact Mayor Zilka to express your redevelopment preference at <a href="mailto:gczilka@avonlake.org">gczilka@avonlake.org</a> or call 440-930-4100.

Picture submitted by Barb Nahm

